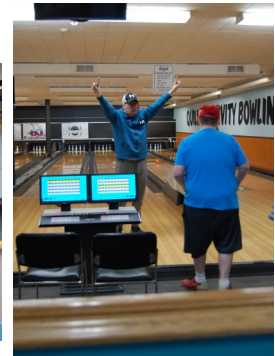


CLSC Rock and Bowl

To help celebrate Community Living Month, CLSC hosted a Rock and Bowl event at Nativity Bowl. All in attendance, enjoyed a Pizza lunch and showed off their competitive spirit. A big Thank You to Nativity Bowl and everyone who helped organize the event.



Happy Birthday Peter

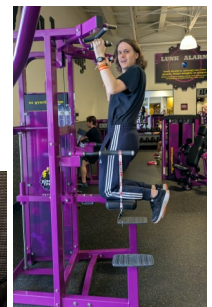
Peter celebrated his 66th birthday on January 8th!

Pictures Submitted by: Kerri and Elizabeth



Kyle at Planet Fitness, for his 2nd time in 2025 (we also went last night). He's enjoying his active time. Fitness and Fun. Great for physical and mental health. He is also building a rapport with the staff at the gym, since most of them know him. He loves the well deserved massage at the end of his hard workout.

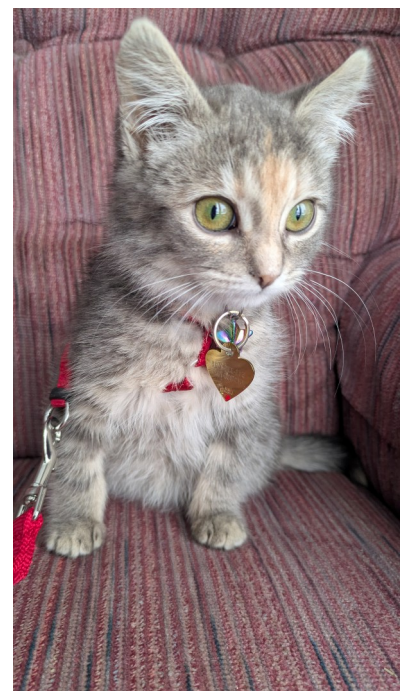
Submitted by:
Carrie Haskins



Kitten Time

Mike and Ashton enjoyed some cuddles with Julianne's little kitten, Bella.

Submitted by: Carrie Haskins



Christmas Celebrations at McConnell

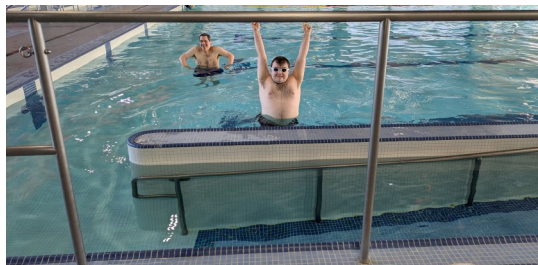
The ladies at McConnell celebrated Christmas in style.

Pictures Submitted by: Amanda Bergeron



Ashton and Mike enjoying the city pool and of course the hot tub at the end. They also enjoyed the water weights. First swim of 2025!

Submitted by: Carrie Haskins



Chef Sean

Sean assisted me in the kitchen, in prepping and peeling / cutting sweet Potatoes, into sweet potato fry's.

Great work Sean!

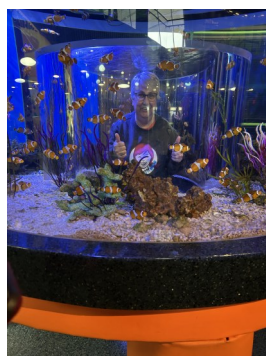
Submitted by: Carrie Haskins



A Trip To The Aquarium

Cindy, Lise, Alyson and Jenna enjoyed a day at Ripley's Aquarium.

Submitted by: Jenna Lapierre and Alyson Gauthier



David perfecting his cooking skills.

Submitted by: Chantal Payette



This home is so active. Some of the men are very energetic and eager to get out in the big world of Cornwall.

Ashton went to MM Meat Shop, to purchase pizza and fries.

Submitted by: Carrie Haskins



Mike and Sean did 10 walking laps at the Complex, plus a bit of steps and squats as an exercise routine.

Then enjoyed a donut and water bottle at Marleau Tim's afterwards.

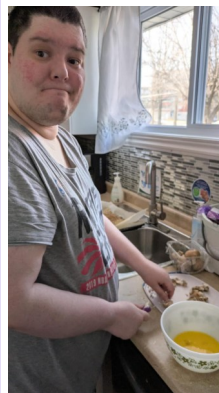
Exercise and rewards!

Submitted by Carrie Haskins



Sean preparing and cooking his morning omelette, for the first time, with supervision. Sean did an amazing job cooking and enjoyed *learning this new task*. Next I'll be teaching him how to make a chicken stir-fry and a meatloaf. I think we may have the next Gordon Ramsey on our hands. Great job!

Submitted by :Shelly Villeneuve

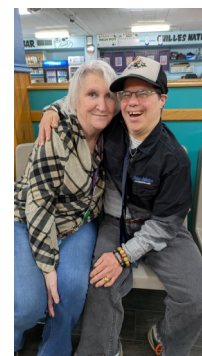


This morning was our regular Wednesday bowling club Mike, Kyle and I, met Jenna and her crew, Andy, Sara, Val and Terry.

A special person to Mike was there, he saw his ex-sister in law Cathy. It was a girls against the guys and the girls won both games.

Everyone played super well and had a lot of fun.

Submitted by: Carrie Haskins



Puppy Love! ❤️

Debbie enjoying some "puppy" therapy.

Submitted by: Elizabeth Ellis



The Men from 4th & Guy enjoyed a great sunny day at the St. Alberts Cheese Factory. They all enjoyed lunch. While at the factory, they went on a tour of to see how the Cheese is made. Before going home, they cooled off with an ice cream cone at McDonalds. Submitted by Shelly Villeneuve and Carrie Haskins



An Outing To The Cinema

Karlie and Josh went to see Snow White. They both laughed throughout the movie.

Submitted by: Joanne & Alycia



Swim Time

Ashton and Mike had a visit with Kayla's daughter at the aquatics centre.

Submitted by: Kayla McMillan



Gloucester Celebrates David's Birthday

Photo's Submitted by: Gloucester



Jeff The Chipmunk Whisperer

On a beautiful winter's day, Jeff enjoyed feeding a chipmunk

Photo's Submitted by: Gloucester



Happy Retirement Cindy!

Cindy joined Community Living – Stormont County in February 1984 and began her career as a frontline worker. Cindy worked frontline in day supports, in our group homes and then eventually joined the Management Team in July 2009. During her time as a manager she had the opportunity to oversee many of our group homes. Over four decades Cindy built wonderful relationships and memories. As a long standing employee, she witnessed many changes in the agency, from growth, to a change in clientele and restructuring of programs including the closure of our day program.

Cindy happily retired in January 2025. We wish her all the best in the years to come as she embarks on new adventures. Thank you again for your years of service and the memories!

Submitted by: Bernadette VanGurp



Yu-Gi Oh Tournament

Sean participated in a Yu-Gi Oh tournament at Cornwall Gaming on Fourth St. W. The Men at Cornwall gaming were very good with Sean and accepted him into their small club.

Submitted by: Carrie Haskins



Tim and Jeff had the best evening out together. They went for a drink at McDonald's, before heading to the Alan Jackson tribute at the Port on April 26th. They sang and danced the night away!

What a great evening!

Submitted by: Breanna Prieur



Peter and Debbie had Jody from the Rhythm Room swing by. We are going to be ready for a concert this summer! Stay tuned! ;)

Submitted by: Elizabeth Ellis



Time To Walk Fido

Marie Claude walking my little dog around the Brodeur block. She has been asking to walk a dog for a while now. She was very happy! ;)

Submitted by: Melanie Laferrière



Mike joined us today at Planet Fitness for some bike, cardio, and a little intro to weights. He also played catch with me, with the weighted balls. He then enjoyed a massage on the lounge chair at the end. That part was a little weird feeling on his body, but he said it was good.

Kyle enjoyed his workout as usual, then the massage chair.

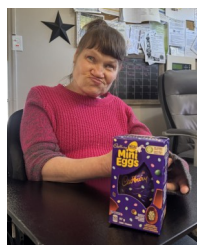
Nice productive day, since they also enjoyed bowling in the morning. It was a nice day :)

Submitted by: Carrie Haskins



Easter at Old Orchard The Easter Bunny visited Old Orchard.

Photo's submitted by: Elizabeth Ellis



Morgan Wallen Tribute Band

Debbie, JJ and Paul went to the Morgan Wallen Tribute band at the Bonnie Glen. A good time was had by all.

Pictures submitted by: Sue Thompson



Market At The Square

Isabel went to Cornwall Square for the Mother's Day market, then had apple juice at the food court! She was full of smiles!

Submitted by: Linda



Happy Retirement Debbie!

The men at 4th invited Debbie to a pizza lunch to celebrate her retirement from CLSC. A good time was had by all.

Submitted by: Karen Dupelle



The Ladies at McConnell Take On Toronto

Thérèse, Denise, Lydia, Laurie and Lisa went out on the town in Toronto. They went to Medieval Times and Ripley's Aquarium. They all had a wonderful time.

Pictures submitted by:
Lisa Ferguson



Cookie Time!

Community Living Stormont County partnered with Cakes and More to sell cookies to celebrate Community Living Month. Thank you to everyone who sold cookies and to Cakes and More for the delicious treats.

Picture submitted by: Sally Currier



An Outing with Martine

I had the opportunity to spend some great time with this lady! I never have a chance to go out with Martine! Martine got a nice haircut, then we went shopping, stopped for lunch at Harvey's, and finished with a nice car ride!

Photo's submitted by: Linda André



Accessible Yoga

On May 22, CLSC hosted an accessible Yoga class in partnership with New Mindset Yoga. Approximately 40 people participated. Thank you Jill, for leading the class.

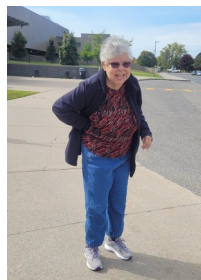
Pictures submitted by:
Sara Jackson



In Memory of Thérèse Levac

It is with deep sadness that I share the passing of Thérèse Levac on June 1, 2025. The CLSC Team had the honour of supporting Thérèse for many years. Thérèse moved in to one of our homes in November of 2014 but had been part of our community supports/ programs for many years prior to that. She will be remembered fondly by all those who were lucky to know her. The staff at McConnell who had the privilege of becoming part of her extended family, we are keeping you in our thoughts. We extend our heartfelt condolences to her family, friends, and all staff who worked closely with her.

Submitted by: Julie O'Shaughnessy



THANK YOU
★ ★ COLUMBIA ★ ★ ★
FINISHING MILLS
FOR THE DONATION!

THANK YOU
BEST WESTERN PARKWAY
 **FOR THE**
GREAT SERVICES!

MANY THANKS TO
CORNWALL HYUNDAI
FOR THE GREAT SERVICE!

★ **MANY THANKS TO** ★
INGLESIDE LONG SAULT
LOST VILLAGES LIONS CLUB **FOR THE**
GENEROUS DONATION!

THANK YOU TO
NEW MINDSET YOGA
★ **FOR THE GREAT** ★
YOGA SESSION!

COOKIE FUNDRAISER
PLACE ORDER HERE
 **[BEFORE**
MAY 22!]

 **ROCK & BOWL**
PARTY ★ ★
MAY 15 ★ ★
REGISTER HERE!

THANK YOU TO
"8 ON SECOND"
FOR THE GENEROUS
DONATION!

MANY THANKS TO
HERITAGE VALLEY
ARTS & CRAFTS
FOR THE DONATION

THANK YOU
 **THE GRINCH**
AND CINDY LOU
FOR THE GENEROUS DONATION!

GAL'S SPRING FLING
 **APRIL 11**
TICKETS
AVAILABLE INSIDE

MANY THANKS TO
IONIC ELECTRICAL
FOR THE
GENEROUS DONATION!

THANK YOU
BEST WESTERN PARKWAY
 **FOR THE**
GREAT SERVICES!